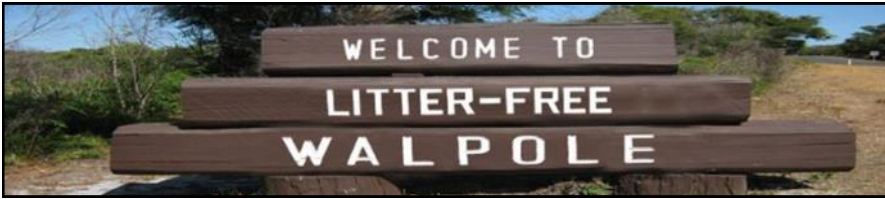


Walpole Weekly

15th May, 2024

www.walpole.org.au



Community newspaper proudly published by the Walpole CRC in litter-free Walpole. Made possible by our advertisers and donations.



Huge thanks to the latest sponsors of the Giveback Getdown!

What an incredible show of support for the Giveback Getdown FarmRaiser 2024 so far!

As the list of sponsors continues to grow so too do the incredible prizes and silent auction goodies up for grabs!! Limited Tickets and Selling Fast, get yours NOW!!

GIVEBACK GETDOWN MENU

- SOUTHERN STYLE SLOW COOKED BRISKET (DENMARK GRASS FED MEATS)
- GREEK STYLE SLOW COOKED LAMB (TINGLERIDGE FARM)
- BREAD, SALAD & SAUCES

BOOK NOW

Telstra delayed 3G shutdown - you have more time to upgrade!



Hi everyone, a few weeks ago, I wrote an article detailing the upcoming shutdown of the 3G mobile network across our major Telco's, and urged anyone to upgrade their phones before losing access to their communications.

This shutdown is still happening, however Telstra has decided to move the date of the closure from June 30th to August 30th 2024. This gives you more time to replace your phone if necessary.

continued page 2...



...from front page

If you're not sure if your phone is affected by the upcoming closure simply text '3' to 3498 and Telstra will send you a message shortly regarding the status of the phone connected to your Telstra service (note: this only works for Telstra customers).

Those of whom are yet to upgrade will hear a short message when making an outgoing call on these affected devices.

Some older 4G mobile phones require a 3G network to make calls to Triple Zero. This is a hardware feature built into the design of the phone by the manufacturer and it is a global, industry-wide issue that many countries have already worked through as they have closed their 3G networks.

Following the closure of Australia's 3G networks customers with these devices will not be able to make Triple Zero calls despite the device otherwise working normally. To be able to make an emergency call to Triple Zero once the 3G mobile networks are closed, 4G devices must support, and be configured to use, VoLTE emergency calling.

VoLTE is the international standard all mobile networks use to carry voice calls over 4G networks. We are contacting customers we have been able to identify as using one of these devices to let them know they need to check their device and will likely need to upgrade.

"We have decided to extend our 3G network closure by two months to allow people more time to upgrade their devices," Telstra CEO Vicky Brady said in a blog on the Telstra website.

"We will close our 3G network on 31 August 2024." "Connectivity is becoming more and more important to the way we all live and work, and we are excited to help all Australians transition to 4G and 5G mobile networks, which are faster, more reliable, and more resilient.

"But we have to make sure everyone is ready to make this transition together, and we know some of our customers are still working through the steps they need to take to upgrade their devices. "That's why we've decided to provide more time and further support."

The devices that will not work when the 3G network shuts down are 3G only, those that don't support VoLTE (voice over 4G) or if it 4G enabled but hardwired for 3G for Emergency Calls. Customers with these devices will need to purchase a new device.

"We have been making good progress on modernising our 3G network sites with new 4G and 5G antennas and radio hardware, with 99 percent of upgrades now complete," Ms Brady says.

"We made an absolute commitment to expand our 4G coverage to be equivalent to existing 3G coverage across the country before we close the 3G network, and we are on track to meet that.

"After upgrades are complete, we will continue to test and optimise the network to make sure all our customers get the best experience possible."

"Moving customers onto 4G and 5G services will mean a big leap forward for mobile connectivity across Australia.

"It will allow us to repurpose the 3G spectrum so we can extend our 5G network and create a more reliable network and a better experience for our customers.

"Closing Australia's 3G networks is a significant step that will lead to improved connectivity for the nation, so please act quickly to check your devices and upgrade today or get in touch with us for help."

~Walpole Weekly, with information from Telstra

Discover Inner Peace: Join Our 'Awaken Your True Self' Retreat in Walpole



Escape the hustle and bustle and discover inner peace with the Mohanji Centre of Benevolence Australia's upcoming retreat, "Awaken Your True Self," right here in Walpole, WA. Building on the success of our previous retreats, such as the recent "Silence & Stability" retreat and the enlightening "Be You" retreat with Mohanji himself in March, we invite you to embark on a transformative journey amidst the tranquil beauty of our surroundings.

continued page 3...

...from page 2



Our bespoke program offers participants a sanctuary from the chaos of daily life, providing focused activities that clear the mind and establish a base for lasting mental clarity. Engage in insightful Satsangs with Mohanji, gaining wisdom to navigate life's complexities with newfound clarity and purpose.

Nestled in the untouched beauty of nature, our retreat offers a holistic approach to well-being. Participate in yoga and breathing sessions that promote physical wellness, rejuvenating both body and spirit. Learn effective techniques to reduce stress and build resilience for the future, ensuring a balanced and harmonious life beyond the retreat.

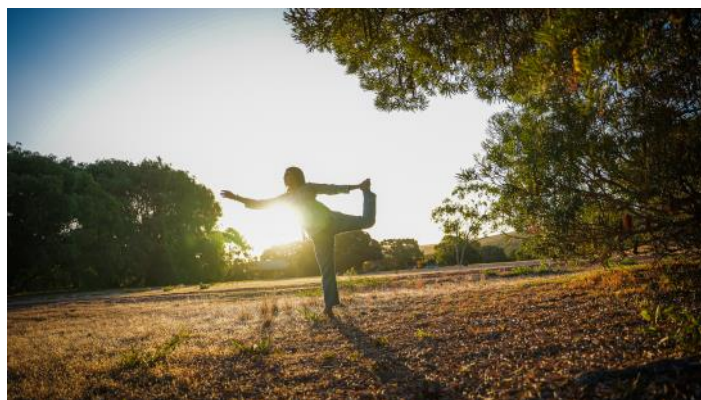


Begin your journey of self-discovery with practical tools for sustained personal

growth. Explore the depths of your being and uncover hidden talents and passions, as you connect with like-minded individuals on a similar path of self-awareness.

Just ask Monika from Italy, who shared, "I can't put into words how this place feels! The location is so beautiful, unlike anything I had experienced before. The energy is amazing, almost felt like another dimension, another world. A hidden gem."

Sanja from Serbia found the retreat to be a rejuvenating gateway to self-discovery and nature, stating, "I really enjoyed this combination of a gateway to Australia, spending time in a beautiful natural environment close to the ocean and animals, and deepening my connection to myself."



Daniel from Australia echoed these sentiments, describing the Mohanji Centre of Benevolence as "a beautiful, sacred space, infused with higher energies... Whether coming for a scheduled program, or just to experience the higher energies here, I recommend everyone and anyone to visit, and experience for yourself."

As a special offer for Walpole residents, we're extending a 35% discount on residential and 25% discount on non-residential options. Whether you join us for one day or four, you'll have the opportunity to rejuvenate your body, mind, and spirit without spending the night.

Don't miss this chance to embark on a transformative journey towards self-discovery and mindfulness. To learn more and book your spot, visit us at [<https://mohanjicentres.org/au/retreats/awaken-your-true-self/>] or contact us at australia@mohanjicentres.org. Join us and awaken your true self amidst the beauty of nature and the wisdom of Mohanji.

~Mohanji Foundation Australia

Mohanji

Send in your Directory updates now!

- Do you need to change your address or phone number?
- or add a new advert for your business?

email:

TCprojects@walpole.org.au

to update the Walpole 2024-2025 Directory



Weekly Upcoming Activities

Time	Date	Details
10am to 2pm	Thursday May 16th	Common Ground Business Network event at the Walpole Community Gardens
10am to 11am	Friday May 17th	Story time at Walpole Library
4pm	Saturday May 25th	Giveback Getdown at Walpole Sport and Recreation Centre Get your tickets now
10am to 11am	Friday May 31st	Story time at Walpole Library
10am	Saturday June 1st And Sunday June 2nd	Tingledale 100 years of group settlement celebration Tingledale Hall
10am to 11am	Friday June 14th	Story time at Walpole Library
10am to 11am	Friday June 28th	Story time at Walpole Library

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Department of Biodiversity,
Conservation and Attractions



PARKS AND
WILDLIFE
SERVICE

Weekly events

Day	Details
Monday	Mahjong at Walpole Community Hall, 10am - Noon Mahjong at Nornalup 2pm - 5pm Contact Gail on 0427 689 028 for venue details. Zumba at Walpole Sport and Recreation Centre, 5:30pm - 6:30pm Doctor Services at Walpole Health Clinic by appointment 9840 1173 Pilates with Anna-Marie, Bellanger Rd Nornalup. 9am Walpole Community Hall 6pm Pickleball 9.30am-11.30am at Walpole Rec Centre
Tuesday	Weight Watchers at the Anglican Church Walpole, 9:30am Country Club Scoungers Golf 12:30pm Autumn Club at Walpole Sport and Recreation Centre, 1pm Pilates with Anna-Marie, Walpole Community Hall 9am
Wednesday	Stretch and Tone Class at Walpole Sport and Rec Centre, 9 -10am Doctor Services at Walpole Health Clinic by appointment 9840 1173 - Telehealth only 10am - 2pm (Every last Wednesday each month) Walpole Country Club Social Bowls 12:30pm Yin Yoga with Emelie at 20 Bellanger Road, Nornalup 9am and 6pm
Thursday	Pathology Pathwest at Walpole Health Clinic 8:30am -11:30am JR Karate at Walpole Sport and Rec Centre 3:15 - 4:15pm Yoga with Jenny Nornalup Hall 5:30pm Anglicare Financial Counselling 1st Thursday every month by appointment - contact CRC Ladies golf 10.30am at Walpole Country Club Pilates with Anna-Marie, Walpole Community Hall 9am Community Lunch at Walpole Hotel/Motel 12pm
Friday	Walpole Mensed at LIA Miguel Place, Walpole, 9.30am -12:30pm Table Tennis and Games at Nornalup Community Hall, 5 - 7pm Zumba Gold at Walpole Sport and Rec Centre, 9 -10am Craft Group at Walpole Community Hall, 2nd and 4th Friday 9:30am Meals on Wheels Delivery Walpole Community Bus trip every second Friday of every month Yin Yoga with Emelie at 20 Bellanger Road, Nornalup 9am Pickleball 10am-12pm at Walpole Rec Centre
Saturday	St Francis of Assisi Catholic Church Service at Walpole, 3:45pm Yoga with Jenny Nornalup Hall 9am Ficifolia Garden Together 3-5pm All Welcome
Sunday	St George's Anglican Church Service 10am Ficifolia Gardens Busy Bee 10am, second Sunday of every month -- All Welcome Walpole Country Club Scoungers Bowls 12:30 pm Walpole Country Club Men's Golf 12pm



Your weekly **fOOD** and **coffee** guide



What's on offer in and around Walpole this week...

Bow Bridge Road House 'Homemade burgers, coffee, cakes, fish and chips, liquor and groceries.'	9840 8062
Open Wed-Fri 9am-5pm, Sat-Sun 9am-4pm, closed Mon-Tues	
BP Roadhouse 'food to go—dine in, best coffee!'	9840 1802
Peaceful Bay Fish and Chips 'Locally line caught fish directly from the continental shelf off Peaceful Bay'	9840 8060
Mon-Sun 12pm-3pm and 5pm-7pm Open everyday except Thursdays	
Tree Top Restaurant, Tree Top Walk Motel 'a la carte dining!'	9840 1444
Tree Top Walk Motel - a la Carte Dining Friday, Saturday and Sunday nights - 45 Nockolds Street	
Walpole Hotel/ Motel 'Open for Lunch and Dinner 7 days a week'	9840 1023
Open every day Lunch 12pm-2pm, Dinner 6pm - 8pm, Cnr Boronia Ave & South West Hwy, Walpole	
Marron Tale Café 'Gourmet marron dishes, coffee, cakes etc'	
Wednesday-Sunday 9am-4pm Lunches close 2.30pm	0497 016 267

Walpole Times to Remember

Walpole CRC

Tue to Fri 9am-4pm

Walpole Nornalup Visitor Centre

Monday-Saturday 9-4pm, Sunday/Public hols
9am-2pm

Library 9840 1108

Wed 9am-12pm and 1pm-3:30pm

Fri 9am-12pm and 1pm-3:30pm,

Sat 9am-12pm

Walpole Weekly

Monday 10am Deadline:

Tues to Fri 10:30am-3pm

Walpole Op Shop

Mon- Fri 9:30am-11:30am; Sat 10am-1pm

St Francis of Assisi Catholic Church

Sat 3:45 pm

St George's Anglican Church

Sun 10am

Walpole Waste Transfer Station

Tues and Thu 1pm-5pm; Sun 9am-5pm

Peaceful Bay Refuse Site

Wed 9am-1pm; Sun 1pm-4:30pm

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Walpole Health Clinic

0409 745 777

For Sale

5 piece lounge suite, single bed + mattress, chest of drawers - all in very good condition

Phone: 0437 560 319

For Sale

ARB rooftop camper like new, complete with awning + roof rack struts and user manual

\$1175 ono

Samsung stainless steel refrigerator. Bottom freezer with ice maker. Like new

Total capacity 427L

\$650 ono

0427 066 040

Free

Leather Lounge Suite, 3 seater and 2 chairs, in good condition. Free.

Phone: 0497 500 813

Walpole and Nornalup

St John Ambulance

Community Transport

Services



For bookings, call

0447 032 821



Staying in Place Expo 2024: A Success in Pingelly



Last week, Walpole CRC staff members Cherie and Trinity embarked on a rewarding journey to Pingelly to participate in the "Staying in Place Expo 2024."

This significant event, focused on themes crucial for enhancing community welfare and support for aging residents.

The expo kicked off with a welcome reception, setting a collaborative tone for the two days filled with insightful discussions and workshops. With 40 communities joining us in Pingelly, the program was designed to offer a comprehensive insight into the latest in aged care services and technology, aiming to empower communities like Walpole to provide better care for their elderly.

Highlights from Day 1 included sessions on emergency readiness for older adults, the role of technology in aging care, and practical workshops on mental health and social inclusion. A particularly notable presentation was "The Art of Ageing Gracefully," which provided attendees with innovative strategies to improve the quality of life for the elderly.

Day 2 continued with equally engaging topics, including advanced caregiving techniques and the importance of community-based support systems.

"Navigating Aged Care Services" was a standout session, where experts shared essential tips on accessing and utilising available resources efficiently.

The expo not only equipped participants with valuable knowledge but also offered a platform for networking with professionals from various sectors.

The efforts of local businesses and organisations like Mable and InCasa were crucial in making the event a success, emphasising the community spirit of supporting local endeavours.

~Walpole Weekly

Weekly sport

Ladies Golf Results 9th May 2024

Ros Hatfield Trophy- Stableford

Winner: Leeanne Purdom - 39 points

R/Up: Sharyn Burton - 36 points

Novelties:

NTP No. 13 - Lee Edwards

Long Putt - No 9 - Mim Minty

~Sharyn Burton

Weekly Zen

A long time ago in China there were two friends, one who played the harp skilfully and one who listened skilfully.

When the one played or sang about a mountain, the other would say: "I can see the mountain before us."

When the one played about water, the listener would exclaim: "Here is the running stream!"

But the listener fell sick and died. The first friend cut the strings of his harp and never played again. Since that time the cutting of harp strings has always been a sign of intimate friendship.

Trail Tourism Experience Development Workshop - South West, Pemberton 5 June 2024



WESTERN
AUSTRALIA
WALKING ON A DREAM

Discover the immense potential of trail tourism and learn how to turn your innovative ideas into unforgettable experiences. This workshop is tailored to the needs of both existing and aspiring tourism operators looking to leverage Western Australia's exceptional trail network.

Gain valuable insights from a comprehensive analysis of product and experience gaps in the South West, coupled with the latest market research highlighting the global demand for trail tourism. Engage in interactive sessions focused on new product development strategies, facilitated by industry experts.

Explore success stories through industry spotlights and participate in a dynamic Q&A session where seasoned tourism operators will share their firsthand knowledge and insights into nature-based tourism opportunities in the region. Don't miss this opportunity to elevate your tourism offerings and tap into the flourishing trail tourism market!

Please RSVP via this Eventbrite link -
<https://www.eventbrite.com.au/e/trail-tourism-experience-development-workshop-south-west-tickets-868167922627?aff=oddtcreator>

~Tourism Western Australia

Rainfall Recap



Total April 2024 rainfall: 10.1 mm
Average April rainfall: 94.6 mm
For comparison, the April 2023 rainfall was 276 mm, the second highest on record.
(Data from BOM website)

~Kim Jewell



GP down south

Local health. Our business.

Community Presentation My Health Partnerships

DATE: Fri 14th June 2024

TIME: 10am

VENUE: Walpole Community Resource Centre

GP down south are holding the first annual presentation on their Innovative Models of Care funded program 'My Health Partnerships'.

The aim of the project is to strengthen collaboration between service providers and therefore improve health service access & delivery.

We would like to invite community members' along to our presentation event to hear an update on My Health Partnerships Care Coordination program, by Program Manager Rae de Rusett, followed by an update from our Independent Evaluator Professor Alex McManus on the Model of Care project and its progress to date.

For catering purposes, please RSVP by contacting GP down south Manjimup office on 9771 2260.

We welcome your opinion

The *Walpole Weekly* values freedom of expression and welcomes contributions and feedback from readers via letter or email on any topic of community interest:

- 1) All content submitted for publication must provide full name and contact details.
- 2) The Walpole CRC will no longer publish anonymous letters.
- 3) Any content published may be edited to enhance flow, clarity, spelling, and grammar—not facts or meaning—therefore the writer should carefully check facts and consider their choice of words.
- 4) Should content be deemed by the Editor to be too long (**should be no more than 250 words**), incomprehensible, libelous, illegal, or incite a sensitive issue, then it will not be published.
- 5) In the case of content being rejected, the writer/s will be notified of the decision by the Editor.
- 6) Should the writer dispute the Editor's decision they should take it up in writing with the Management Committee of Walpole CRC.
- 7) The Management Committee will make the final decision on whether or not to publish the content in the next available edition of the *Weekly*.
Email weekly@walpole.org.au.

Helping Hands: Embracing the Sweetness of Life Without Sugar



Welcome to another edition of "Helping Hands," where we explore simple changes that can significantly impact our health and wellness. Last week, we talked about the importance of hydration. This week, we're sweetening things up by discussing how to reduce sugar in our diets - a small change with big benefits.

The Not-So-Sweet Side of Sugar

While sugar can make foods taste delicious, high consumption is linked to several health issues, including weight gain, higher risk of heart disease, and even diabetes. Reducing sugar intake can lead to better health outcomes, improved energy levels, and even enhanced mood stability.

Tips for Reducing Sugar

Here are five practical ways to reduce your sugar intake without feeling deprived:

- **Read Labels Carefully:** Start by examining food labels. Sugar often hides under different names like sucrose, fructose, and corn syrup. Knowing this can help you make better choices.
- **Choose Natural Sweeteners:** Opt for natural sweeteners like honey, maple syrup, or agave. These are sweeter than sugar, so you'll likely use less. Remember, they still count as sugar, so moderation is key.
- **Modify Your Recipes:** When baking, reduce the amount of sugar the recipe calls for. Often, you can cut down sugar by a third or even half without drastically altering the taste or texture.

- **Avoid Sugary Drinks:** Soda, energy drinks, and even fruit juices can contain alarming amounts of sugar. Switching to water, herbal teas, or infusing water with fruits can be a flavorful and healthy alternative.
- **Indulge Wisely:** Instead of eliminating sweets entirely, choose quality over quantity. A small piece of dark chocolate can satisfy your sweet tooth and is healthier than many sugar-laden treats.

Let's Hear from You!

Do you have tips or success stories about reducing sugar? We'd love to hear how you're making healthier choices. Sharing your experiences can inspire others in our community to make similar positive changes.

~Walpole Weekly



THE BIG HAIR SHOP

Attention

Make your appointment before I go on holidays!

Last day 23rd May.

Book now! Phone 9840 1777 and make an appointment.

New comic prize in WA short story competition



It's that time of year again. A time to pick up your pencils, pens or keyboards and write down a good yarn. Yes, the Best Australian Yarn short story competition is back and this year, there's one notable change.

"The Best Australian Yarn celebrates the art of storytelling by giving writers across the country a platform to share their short stories. It's a quest to uncover Australia's finest literary talents and our most engaging storytellers."

This year, the competition has added two new categories for comic makers! At the Walpole CRC, we have run a number of comic making workshops over the years and even a kids comic making competition judged by local cartoonists, Nathan Vass Viney and Alison Kenworthy.

With this, we saw an incredible amount of talent and imagination put to paper by Walpole's younger creatives.

Perth storytellers Aśka and Sean E Avery will help guide The Best Australian Yarn's new Comic Story Prize. "Aśka is a graphic novelist who is on the organising committee of the Perth Comic Arts Festival, which has come on board as an official supporting partner of The Best Australian Yarn."

The Perth Comic Arts Festival were responsible for the 'Gross and Weird' reading event held in 2023; this invited Walpole cartoonist Nathan Vass Viney, Campbell Whyte, James Foley, Sean E Avery and Aśka to read their comics live at the WA State Library.

The festival itself is a free event set for 27th - 28th of July, 2024 and is getting bigger every year. Find out more here: <https://pcaf.org.au>

"Aśka said news of the competition prizes was exciting because it helped legitimise comics as another medium of literacy and of self-expression.

"There's not enough opportunities for comic makers so this provides a lot of people with an opportunity to be part of the general arts community of Australia."

"Aśka also hopes the competition will change people's perceptions of what comics are.

"I think it's very easy for a lot of the general public to think either of action superheroes - like the whole Marvel Universe - or that they are pulp fiction or that they are just a stepping stone with literacy for young people. "But there is so much more to them. They can be heavier, multi-layered. They can make us think and reflect."

Sean is a primary school teacher and designer who is best known as the creator of the bestselling children's picture books *All Monkeys Love Bananas* and *Frank's Red Hat*. For those planning to enter the competition, he recommends starting small and developing a character you love. "Begin with a three or four-panel comic like you see in papers and drive it through your characters," he said. "Whatever your character, whether it's a talking piece of pizza or a dog with two legs, as long as you like it, the writing will be easier and it will be creative and fun to do. "Any kind of conflict, if you have that odd couple dynamic, that also works."

When it comes to writing stories and making comics, this competition is open to all ages. Whether you win or not, this could be a wonderful opportunity for you to get creative, think outside the box and do something with meaning. Perhaps writing or drawing could be a new passion of yours. In a time of A.I words and images, our human expression is needed more than ever.

Head on over to: <https://bestaustralianyarn.com.au>
Short story submission deadline is 12th August, 2024.
Find Aśka at: <https://askastorytelling.com>
For Sean E Avery, check out <https://seaneavery.com>.

~ Nathan Viney / Alison Wakeham of The West

Overall Winner - \$50,000
Runner Up - \$4,000
The Navitas ESL (English as a Second Language) Winner - \$3,000
The First Nations Storytelling Winner - \$3,000
Regional Australia Winner - \$3,000
Youth Winner - \$1,500 (12-14 years)
Youth Winner - \$1,500 (15-18 years)
Comic Story Winner - \$3,000
Comic Story Youth Winners - \$1,500 (12-14 years) and (15-18 years)
8 shortlisted finalists - \$8,000 (\$1,000 each)

Lithium-ion batteries – a silent threat in our homes



Our lives are filled with devices powered by lithium-ion batteries – e-rideables, power tools, laptops, toys, smartphones, electric vehicles and even electric toothbrushes. Unfortunately, they also harbour a hidden danger. Lithium-ion batteries, no matter how small, are susceptible to fiery failures that can escalate quickly and pose a serious threat to our safety. These fires can be very difficult to extinguish with water and battery contents may reignite or explode several days later.

You're not mistaken if you've been thinking it seems like every few days there is a news story about another lithium-ion battery fire. Last year, an average of two fires per week were sparked by these batteries. WA is on track to beat that figure in 2024 with 55 battery fires already recorded. Almost 20 of those fires were caused by e-rideables.

Along with the Department of Fire and Emergency Services, Consumer Protection's Product Safety team want people to check, use and dispose of these batteries safely.

Consumers should avoid mixing and matching chargers, unplug products when fully charged and charge batteries on a hard surface in a cool, dry place and away from flammable materials like beds, lounges or carpet. Also look for the tick and check the charger has the Regulatory Compliance Mark to show it meets Australian Standards.

E-rideables like e-bikes, hover boards and e-scooters, should be charged outside of the home and never left to charge overnight. It's also worth considering installing a smoke or heat alarm where these devices are charged. It could save your life.

Lithium-ion batteries are more likely to catch fire when exposed to heat and moisture, or if they're crushed – common conditions in garbage trucks and household bins.

For this reason, never put lithium-ion batteries in your household waste or recycling bin. Chucking batteries in the bin can cause rubbish and recycling trucks to catch fire and waste facilities to burn. This endangers the lives of workers and costs the ratepayers.

Instead take lithium-ion batteries to the nearest battery drop-off point, which can be found at Recycle Right - recycleright.wa.gov.au.

Always purchase reputable lithium-ion powered products and check them for damage regularly. Look for signs of overheating, swelling, leaking or venting gas. If the battery is damaged follow the safety tips from the Waste Authority for transporting it to a Household Hazardous Waste collection facility (<https://www.wasteauthority.wa.gov.au/programs/view/household-hazardous-waste>). Or check with your local council to see if they can assist with disposal.

Learn more about the dangers of lithium-ion batteries on the Department of Fire and Emergency Service's website at www.dfes.wa.gov.au.



To all members of the Walpole Country Club Bowls, you are invited to the:

Bowls Annual General Meeting

Wednesday 12th June 2024

Afternoon Social bowls 12.30

A sausage sizzle at 5pm

Followed by the AGM at 6.30pm

All positions will be vacated

Nominations in writing to Ann Armstrong

annandbilla@gmail.com

A message from the
Walpole Weekly
Got an interesting, funny, or heart-warming story?
We'd love to hear it!

Send in your local stories and experiences to
weekly@walpole.org.au
to get them printed in the Walpole Weekly!

We look forward to hearing from you!

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Contact **Jonathan** on 0429 205 215 or jonathan@barraqda.org

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Revd Sally Buckley tssf: 0400 101 166

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