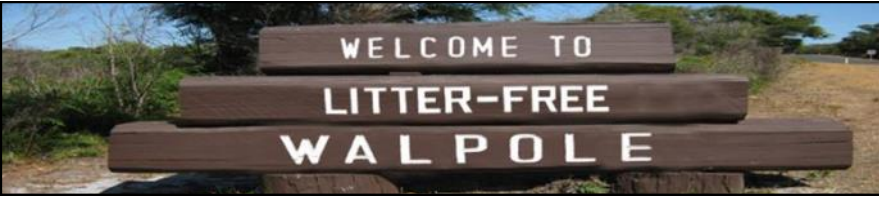


Walpole Weekly

14th August, 2024

www.walpole.org.au



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Biodynamics Workshop with Hamish MacKay



*Brett Kirkpatrick, Hamish McKay,
Kim Frankowiak, Leonie Inger*

What is going on at the Walpole Community Garden? If you have walked or driven past lately, perhaps you noticed a new energy and abundance about the place. Winter is a busy time for gardeners and much has been happening at the Community Garden.

On Wednesday 7th August, Walpole was fortunate to host Hamish MacKay, a well-known Biodynamics educator and practitioner from the East Coast of Australia. Hamish grew up on a farm with a background of innovation within Australian agriculture (implementing how wool is sold by sample and description in the 1970s and the commercial use of a controlled atmosphere for grain storage, allowing biodynamic and organic grain to be exported - common storage practice today). After working for decades in the UK, Hamish returned to Australia and works with farmer,

Charlie Arnott (his podcast *The Regenerative Journey* is highly recommended), promoting Biodynamics as a stream of Regenerative Agriculture. Through local Biodynamic farmers in the area, Hamish was invited to talk in Walpole while in WA.

Everyone needs food and many of us are becoming concerned about the quality of the food we are eating and how it is produced. Biodynamics offers low cost, chemical-free methods for growing nutritionally dense food, with high yields, shelf life and disease resistance - it's all about the soil conditions for growing the plants. Chefs seek biodynamic produce as it tastes and looks good, wine making is a large part of biodynamic agriculture for the exceptional *terroir*. So what's it all about?

It's been 100 years since Rudolf Steiner published his Agricultural Lectures - the basis of Biodynamics - in response to farmers' concerns about degraded soils and declining productivity of crops and livestock.

continued page 2...



... from front page

Before we got our hands dirty and into the practical side of the workshop with making biological fertilisers, Hamish gave a talk about the foundational background of Biodynamics.

Biodynamics is a holistic, ecological, organic and ethical approach to farming, gardening, food production and nutrition.

Every farm is seen as a living organism - made up of integrated parts - soil, plants, animals, compost, people - which are nurtured to support the health and vitality of the whole farm. Biodiversity is encouraged, as are animals and plants in balance together, and on-farm fertility.

The importance of the human within the farm is recognised: to really know yourself, what you want - so that we can be fully functioning, healthy, enthusiastic, vibrant and confident with our decisions. Hamish talked about people as individuals but with a social need for community and the spheres of influence we create. Observation, paying attention and cultivating farm awareness is key, which strengthens our ability to work creatively with the land.

Steiner's holistic view of nature was that a system of dynamic forces connects all living things. The soil and plant is linked with the living forces operating in animals, people and the cosmos. Living systems have the ability to self-regulate, to maintain stability within a changing environment. His views were a step away from Newtonian analytical / mechanical science, which is still prevalent today.

As we know, our ancient ancestors looked to the sky for knowledge. Based upon cosmic rhythms of the solar system and life forces in nature, Rudolf Steiner introduced biodynamic 'preparations' to help restore soil balance and fertility. These 'preps' are put out at certain times of the day and moon / planet cycles. The Astronomical Calendar is used as a guide.

The biodynamic soil, foliar sprays and compost preparations are used to stimulate the soil food web, microbes and earthworms, enhance photosynthesis, improve taste and nutrition of food and improve the fermentation in compost piles.

Horn Manure 500 is perhaps the most well-known of Biodynamic Preparations. Cow horns are filled with fresh cow manure over winter. This manure when dug up in Spring has little resemblance to the original dung - without smell, a colloidal, humus like material. It is used to enliven the soil with calcium and nitrogen, increase microbes, the availability of nutrients and build humus. It is diluted in rainwater and applied directly to the soil in droplets.

At the workshop we each got an opportunity to stir the 500 Prep continuously in a bucket of water for 1 hour (which is fine and quite fun for a group of people in a community garden). Stirring alternates between clockwise and anti-clockwise directions - until a vortex is formed - pause then reverse the movement. Through the chaos and vortex, resembling life processes (such as high and low weather systems) it is thought the water oxygenates and is sensitised, enabling the preparation to be well integrated. Larger scale operations on farms may use flow-forms or machines for aeration.



Karene Svenson mixing biodynamic 500 Prep

We were lucky enough to have Brett at the workshop, a local Biodynamic farmer with Compost Preparations (502-507) he had made. The 502 is created from Yarrow, 503 - Chamomile, 504 - Nettle, 505 - Oak Bark, 506 - Dandelion and 507 - Valerian. Within the Biodynamic framework each preparation has different attributes (interesting reading!). Brett then made 5 small holes in the compost pile at the community garden and put in the preps. They help activate the dynamic cycles of biological processes leading to humus formation. Feeding the microbes!

Whether you engage with the spiritual science of Biodynamics or not, the practical application of low-cost methods to improve soil fertility, resilience in drought, self-sufficiency and nutrient dense food is certainly attractive and interesting.

As a self-described optimist, Hamish believes there is a lot of good stuff happening in the world. Within the field of agriculture, there is much to be inspired by. He encouraged us to step into the future, pulling the present into the future, not living in the past. An inspiring and passionate man, we all enjoyed his presentation, both practical and thought provoking. A lovely morning tea and shared soups was fantastic.

So why not go down to the Community Garden and have a wander, or look up at the moon tonight and wonder if it is a good time to plant carrots...

For more information see Hamish Mackay's website: <https://biodynamics2024.com.au/>

~Karene Svenson

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The family of the late Elizabeth (Liz) Shaw of Nornalup will be gathering for a private service in the coming weeks.

A future memorial to celebrate her life, will be announced in the coming weeks for the community and friends of the district she loved.

This date will be announced in the *Walpole Weekly* in due course.

Many thanks in advance.

Michael and Elizabeth - Nephew and Niece



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Elizabeth Shaw: We will miss her



The Walpole Nornalup and District Historical Society mourns the passing of its President, Elizabeth Shaw.

Elizabeth's family came to Nornalup in the early 1900s running the Post Office and Telephone Exchange where the Nornabar is now.

Elizabeth started school with the opening of the Walpole Primary School in 1953. She went to Albany High School when she had a unique experience boarding at The Rocks in Albany, previously used as a Vice-Regal Residence. In the 1950s the Country Women's Association managed The Rocks as a Hostel for 30-40 girls attending Albany High School. An early and direct experience of history for Elizabeth!

After school, Elizabeth joined the Air Force for about two years and then worked for the Red Cross Blood Bank for 40 years. She came home to Nornalup in 2007.

Elizabeth's interest in history led her to join the Walpole Nornalup and District Historical Society in



The Society grieves the passing of our President:

ELIZABETH SHAW

and offers sincere condolences to her family.

she will be missed

We will treasure her legacy and remember her always.

2012. Later that year she was elected Vice-President and in February 2013 she was elected the Society's President.

Elizabeth passed away peacefully at her home on Monday 5th August, still in that post she carried so well and faithfully.

The Society values the leadership and skill she has given in this role for over a decade. She has been a marvellous ambassador for local history and gained highest regard from us all.

She will be missed; her legacy and friendly vitality will be always treasured.

~ *Walpole Nornalup and District Historical Society Inc*

Commemorating Elizabeth Shaw



The Walpole Community Resource Centre offers sincere condolences to the family and friends of

Elizabeth Shaw

A much-loved member of our community.



Photo of the week!

Be sure to email your photos to weekly@walpole.org.au



Coalmine from the lookout - Gregory Potts

Weekly events

Day	Details
Monday	<p>Mahjong at Walpole Community Hall, 10am - Noon Mahjong at Nornalup 2pm - 5pm Contact Gail on 0427 689 028 for venue details. Zumba at Walpole Sport and Recreation Centre, 5:30pm - 6:30pm Doctor Services at Walpole Health Clinic by appointment 9840 1173 Pickleball 9.30am-11.30am at Walpole Rec Centre Forget Me Not Café 10.30am - 12.00pm at BP Café 3rd Monday every month Pilates / Anna-Marie, Walpole Community Hall 6pm</p>
Tuesday	<p>Weight Watchers at the Anglican Church Walpole, 9:30am Country Club Scourgers Golf 12:30pm Autumn Club at Walpole Sport and Recreation Centre, 1pm Pilates / Anna-Marie, Walpole Community Hall 9am</p>
Wednesday	<p>Stretch and Tone Class at Walpole Sport and Rec Centre, 9 -10am Doctor Services at Walpole Health Clinic by appointment 9840 1173 - Telehealth only 10am - 2pm (Every last Wednesday each month) Walpole Country Club Social Bowls 12:30pm Yin Yoga with Emelie at 20 Bellanger Road, Nornalup 9am and 6pm</p>
Thursday	<p>Pathology Pathwest at Walpole Health Clinic 8:30am -11:30am JR Karate at Walpole Sport and Rec Centre 3:15 - 4:15pm Yoga with Jenny Nornalup Hall 5:30pm Anglicare Financial Counselling 1st Thursday every month by appointment - contact CRC Ladies golf 10.30am at Walpole Country Club Pilates / Anna-Marie, Walpole Community Hall 9am and 6pm Community Lunch at Walpole Hotel/Motel 12pm</p>
Friday	<p>Walpole Menshed at LIA Miguel Place, Walpole, 9.30am -12:30pm Table Tennis and Games at Nornalup Community Hall, 5 - 7pm Zumba Gold at Walpole Sport and Rec Centre, 9 -10am Craft Group at Walpole Community Hall, 2nd and 4th Friday 9:30am Meals on Wheels Delivery Walpole Community Bus trip every second Friday of every month Yin Yoga with Emelie at 20 Bellanger Road, Nornalup 9am Pickleball 10am-12pm at Walpole Rec Centre</p>
Saturday	<p>St Francis of Assisi Catholic Church Service at Walpole, 3:45pm Yoga with Jenny Nornalup Hall 9am Ficifolia Garden Together 3-5pm All Welcome Walpole Hotel Motel Breakfast 8:30 am to 10:30am</p>
Sunday	<p>St George's Anglican Church Service 10am Ficifolia Gardens Busy Bee 10am, second Sunday of every month -- All Welcome Walpole Country Club Scourgers Bowls 12:30 pm Walpole Country Club Men's Golf 12pm Walpole Hotel Motel Breakfast 8:30 am to 10:30am</p>

Weekly Upcoming Activities

Time	Date	Details
10am to 12pm	Wednesday 14th August	Free Outdoor Playtime at Walpole Pioneer Park
10am To 11am	Friday 16th August	Storytime at Walpole Public Library
10.30am to 12pm	Monday 19th August	Forget Me Not Memory Café (3rd Monday every month)
10am to 12pm	Wednesday 21st August	Free Outdoor Playtime at Walpole Pioneer Park
10am to 12pm	Wednesday 28th August	Free Outdoor Playtime at Walpole Pioneer Park
10am To 11am	Friday 30th August	Storytime at Walpole Public Library
10am To 11am	Friday 13th September	Storytime at Walpole Public Library

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PARKS AND
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Thought for the day

Don't judge each day by the harvest you reap but by the seeds that you plant.

Robert Louis Stevenson

WA Health Minister announces long-awaited increase to Patient Assisted Travel Scheme (PATS)



*Nick Fardell and his wife Lisa
Supplied: Nick Fardell*

As a Walpole and surrounds resident, you may be familiar with the PATS scheme. WA Country Health describes it as, “providing financial subsidies for eligible WA country residents, to reduce the cost of accessing the closest specialist medical services that are not available locally.”

It’s a great scheme, but with cost-of-living at a high, payment adjustments are a welcome change.

As reported by Jarrod Lucas and Piper Duffy of ABC Goldfields, the WA Health Minister has announced a long-awaited increase for the scheme.

“WA Health Minister, Amber-Jade Sanderson, announced an additional \$13.1 million in funding to increase the fuel subsidy by more than 50 per cent, from 16 cents a kilometre to 26 cents for the next four years.

“People who live in regional Western Australia should have access to the best quality healthcare,” she said.

“It is true that many specialists live in Perth, so the reality is people will often have to drive and travel into Perth.”

For patients making the 1,200km round trip from Kalgoorlie to Perth, the increase means they will now get about \$300 back for fuel costs.”

Many Walpolians will be familiar with the feelings expressed by Nick Fardell, a blood cancer patient living remotely. “It’s a huge cost for us to access a health system that’s meant to help us all,” he said.

“It’s a benefit the increase, but it’s nowhere near enough. In regional Australia you get punished for being sick twice. Not only are you sick but you’ve got to get to Perth for treatment.”

The Great Eastern Highway which connects Kalgoorlie and Perth has been synonymous with a long road to recovery for Nick Fardell, who has made “at least 20 trips” to Perth in the 18 months since being diagnosed with blood cancer.

He said each trip took a physical, mental and financial toll, adding he had no choice but to drive because his immune system was compromised during treatment and he could not travel on planes or by train.

ABC reports: Kalgoorlie diesel mechanic Aidan Luke welcomed the PATS increase after his own personal experience with the scheme during his son’s battle with kidney cancer.

His family initially travelled back and forth to the city but eventually relocated to Perth for 12 months so he could receive treatment.

“The people at the local hospital here are amazing, but you’ve got to go to the big smoke sometimes, it’s just the nature of living the good life out here,” he said. “I had to forego work for a while and we had to rent a house in Perth. It all adds up and it’s hard, so every dollar helps.”

According to WA Country Health, The PATS fuel subsidy has increased to 26 cents per kilometre. All PATS claims processed from 9th August 2024 will be processed at the new subsidy rate.

Denmark PATS:

Phone: (08) 9848 0600

Fax: (08) 9848 0611

Email: PATS.Denmark@health.wa.gov.au

~ Walpole Weekly with Jarrod Lucas, Piper Duffy (ABC Goldfields)

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King's Birthday Honours Award recipients acknowledged at City of Perth by Order of Australia Association, WA Branch.



*Basil Zempilas,
Lord Mayor City of Perth*

On Wednesday evening last, 7th August, we were delighted to open our Council House doors to this year's cohort of 21 Order of Australia, King's Birthday Honours Award recipients.

The recipients were acknowledged at the Order of Australia Association WA Branch (OAA) reception, with addresses from Lord Mayor Basil Zempilas and OAA Chairman, Major General Barry Nunn AO RFD ED. Patron of the OAA and former Governor of WA, the Hon, Kerry Sanderson AC CVO was also in attendance.

Congratulations to all Honours Award recipients, and thanks to everyone for a rewarding evening, including OAA members, Deputy Lord Mayor Clyde Bevan (Friends Restaurant) and Councillors Liam Gobbert JP, David Goncalves, Raj Doshi, Viktor Ko and our CEO Michelle Reynolds.



*Jennifer Willcox,
OAM, Walpole*

~ City of Perth (LinkedIn)



City of Perth Councillors and Award recipients

Congratulations to WALGA Award winners

A big congratulations to Shire of Manjimup President Donelle Buegge for her WALGA Jacqui Dodd Scholarship and the Hon Paul Omodei for his Local Government Medal.



THE BIG HAIR SHOP

Apologies

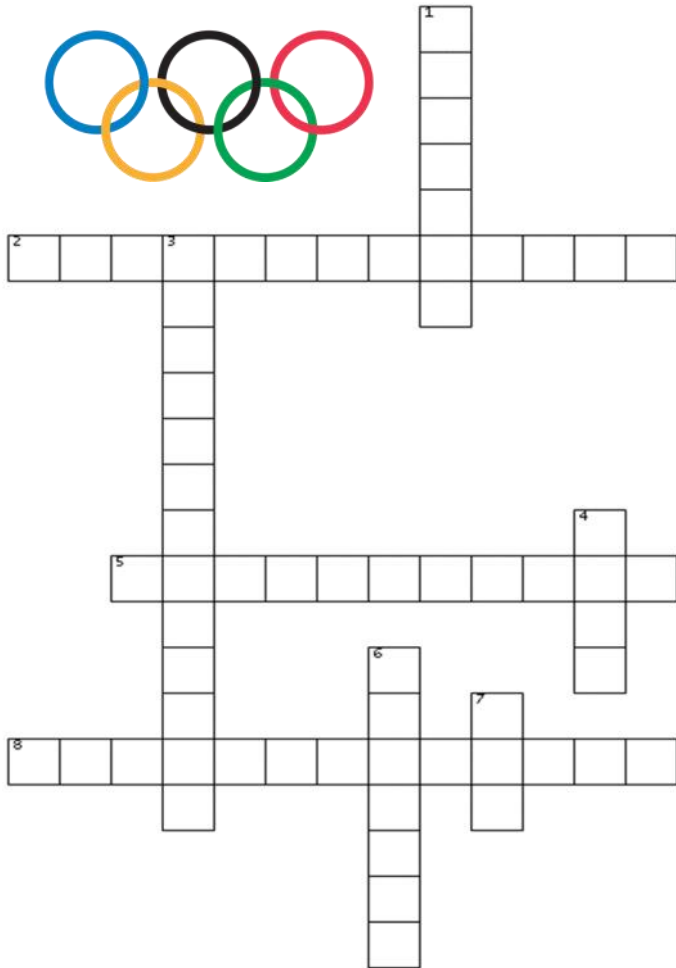
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AND FRIDAY
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Weekly Quiz

ACROSS

- Former Olympic swimmer and gold medallist for Australia in 1992 and 1996.
- Walpole is the _____ of the world.
- There is also a Walpole in the USA, but where?

DOWN

- A wonderful place to read and borrow.
- ABC kids programme in which a family live in a wacky lighthouse.
- Albany's famous dog loves a bit of _____ and roll!
- An apple dessert and a rocky cliff have this word in common.
- A famous dog from Dampier, WA, known for this colour.



Thank you to the Walpole Primary School children for popping over to the CRC to show off their new Graduation jumpers designed by local comic artist, Nathan Vass Viney.

They look fantastic!



Quiz Answers for 07/08/2024

ACROSS

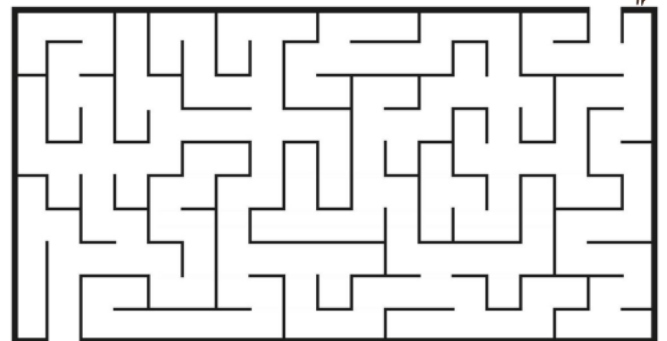
- Cruise
- Babe
- Skyscraper
- Ball
- Fremantle

DOWN

- Conspicuous
- TheCastle
- Crow
- Peaceful
- Breakfast
- MadMax



Help the kangaroo get home!



Young Yoga Warriors in Walpole



Sadly, Yoga for Term 3 has come to an end. Reflecting on the 4 week programme run by the Walpole CRC for the young children of Walpole, I can honestly say that we have thoroughly enjoyed this time and have felt blessed to be able to share and introduce the children to yoga.

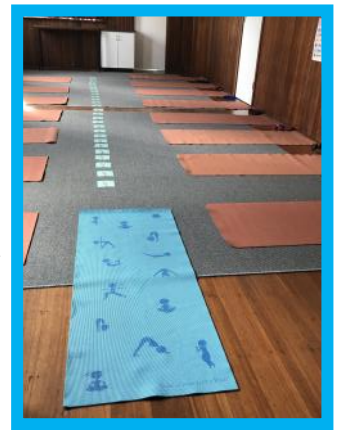
At the onset of each class we talked about listening to their own bodies, respecting themselves and others and having fun and being creative during the class. Yoga can often create a release of emotions and negative energy whilst also creating happiness and brighter moods, giving a boost of energy and enthusiasm. So parents and children may have noticed subtle shifts!

It's been beautiful to watch the children be creative, try new things, well out of their comfort zones and practise something truly ancient, unique and fulfilling. We tried to make the programme fun and entertaining whilst adding a touch of spirituality to the practice. The children learned a sun salutation to awaken the sun in the centre of their bellies while increasing circulation and improving muscle length and flexibility. They learned the art of the bee breathing technique to help with reducing stress and calming the mind. They also learned many other yoga poses along the way like: cobra, triangle, warrior, tree, bow, butterfly and child's pose.



We played many games where the children got the opportunity to be creative and enhance their yoga practise during the class whilst having fun, which was what we mostly wanted to achieve.

Watching the children on the last day I was quite surprised how much they had improved and learned considering I didn't really think they were truly taking it all in. I was also quite surprised with certain children who took the yoga class very seriously. The youngest ones in the class did an amazing job and I was in awe of their resilience and enthusiasm for the practice.



I'm grateful that I was able to offer this class to the children as part of my role at the Walpole CRC, and also thank my yoga mentors Jenny, Emelie and Sonia for their advice and resources.

Thanks also to the Walpole Primary School for this continued support of the Walpole CRC and their After School Sport Programme.

Namaste

~ Nicole Munro



Rainfall Recap with Kim Jewell

Walpole rainfall July (2024)	179.9 mm
Average July	223.8 mm
Highest (1958)	410.1 mm
Lowest (2005)	113 mm

July 2024, 2022, and 2020 were the equal hottest months on record.

This data is from the automatic weather recording station at Walpole North, recorded on the BOM website.



Your weekly fOOD and coffEE guide



What's on offer in and around Walpole this week...

Bow Bridge Road House 'Homemade burgers, coffee, cakes, fish and chips, liquor and groceries.'
Open Wed-Fri 9am-5pm, Sat-Sun 9am-4pm, closed Mon-Tues

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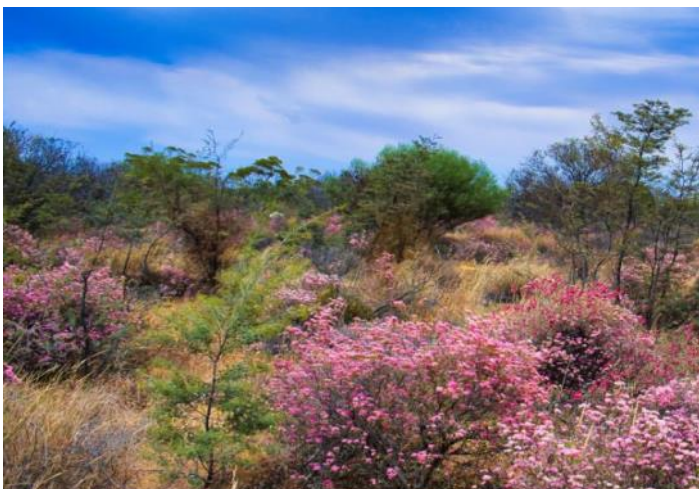
Tree Top Restaurant Tree Top Walk Motel - 45 Nockolds Street
a la carte dining 6 nights (not Sundays) Takeaway also available

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Open every day Lunch 12pm-2pm, Dinner 6pm - 8pm, Cnr Boronia Ave & South West Hwy, Walpole

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Updated weed strategy adopted to guide actions to protect reserves



Staying on top of weed control in an area the size of the Shire of Denmark is a never-ending task, but with a newly updated Bushland Reserves Weeds Strategy, the Shire is recommitting itself to ongoing protection of native bushland within our reserves.

At the July Ordinary Council Meeting, Council voted to adopt the Bushland Reserves Weeds Strategy 2024-2034 which was prepared in conjunction with South Coast Bushcare Services and GreenSkills, who led on-ground assessments of the 40 reserves featured in the strategy.

The strategy features comprehensive recommendations for each reserve, taking into consideration present and potential threats of invasive weeds, and prioritising required actions over a ten-year time frame.

The strategy also highlights opportunities for community involvement in weed management, as well as education opportunities for the general public.

Denmark Shire President, Kingsley Gibson, said

protecting the natural beauty of Denmark is one of Council's top priorities.

"For all of us who live here, the beauty of our Shire's native bushland is treasured and it's our responsibility to do what we can to prevent invasive species from threatening the health of that bushland," Cr Gibson said.

"This strategy will help us make sure we're following a methodical process that will mitigate the threats and keep weeds at bay, as best we can."

Cr Gibson said community members can help in this effort by keeping an eye out for weeds in native bushland on their own properties.

"There are resources available through the Shire and the Denmark Environment Centre which can help residents identify weeds, and provide recommendations on the most effective and safe way to remove these invasives."

~ Authorised by David King, CEO
Shire of Denmark




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National Ploughing Contest win initially just a way to have fun with his mates, says Manjimup farmer.



Manjimup farmer, Aaron Ockwell

A Manjimup farmer, who brought home a win from the National Ploughing Contest two weeks ago, initially decided to take part as a way to have fun with his mates.

That fun weekend with friends quickly turned into a win for Aaron Ockwell, who works for Stan's Machinery in Manjimup.

He took out the national title for the vintage ploughing category during the two-day contest, finishing ahead of runner-up Peter Gardiner, with 277 points.

Mr Ockwell told the Times he got into ploughing as a "fun thing to do" with mates, and despite his successes, he stayed true to going out to the fields to have a good time with friends.

"To go out, muck about, (have) a few beers after, and then all of a sudden, (to be named) the National Champion. I was really chuffed," he said.

"Some people are there to win, but I just invested and it paid off. I appreciate the competition because you're only as good as your competition. (I) got into ploughing as a fun thing to do. All it started from was that I restore vintage machines, and (the fact) I could use my tractor, rather than it being a pretty painted thing sitting in the corner.

"We do all these things; it's no different from playing cricket or golf."

Mr Ockwell won the State Vintage Ploughing title in 2021, and said people often didn't understand the level of precision required to do well in competitions.

"To be honest, you could have a bad day and everything can go pear-shaped," he said. "It worked out okay, (but) you've got to be focused and there's more that goes into it than people think. You can't mess up, because otherwise it's quite evident and you can see what's going on. It does stress you."

A farm in the Southern Forests region's Eastbrook became WA's first host of the national competition, which had hopeful ploughers compete over three days for both the State and National titles.

Scott Loughridge finished first in the conventional ploughing competition with the highest score on both days of the national competition and a total score of 405.5. National title winners to go on to the World Ploughing Contest in the Czech Republic next year.

Mr Ockwell said there were limited competitions in Australia, and limited resources meant there was a price tag to taking part.

"It's not a cheap thing because you've got to have your own tractor, find a decent plough and good spare parts to back it up," he said.

"You've got to have a trailer to pull your tractor around in, and you can imagine what that adds up to.

"Ploughing in WA is not the done thing, and it's not a big thing, but in the UK, it's a big thing and you'll have the mums, dads, and even the sons and daughters do it.

"As for the National Ploughing Association, they did pretty good to organise it, bringing all the gear and the guys from Tasmania and Victoria over."

~ Daniel Hocking / Manjimup Bridgetown Times





Ladies Golf Results: 8th August 2024

Mixed Stableford: Club Trophy

Winner: Graham Becker, 31 points

R/Up: Leeanne Purdom, 28 pts by countback from
Maree Byrne and Tim Meyers.

Novelties: Long Drive: 4 - Leeanne Purdom
Long Drive: 6 - Marre Byrne
NTP: 17 - Sharyn Burton

Ferrets: Ian Walsh: 3, Betty Cooper: 16,
Mervyn Hull: 18

~ Sharyn Burton



Scroungers Golf: 6th August 2024

1st: G. Becker 28
2nd: M. Hull 25
3rd: P. Mount 24

Nornalup Riverside Chalets Long Putt: 9 G Becker

Walpole Hardware NTP - 13: F. Zalmstra

Anning Farm NTP - 17: M. Lumb



Email us your sports results weekly@walpole.org.au
alternatively drop them in the box at the back door.

Post your photos on the web or social media
[#mywalpoleweekly](https://www.instagram.com/mywalpoleweekly)

We welcome your opinion

The *Walpole Weekly* values freedom of expression and welcomes contributions and feedback from readers via letter or email on any topic of community interest:

- 1) All content submitted for publication must provide full name and contact details.
- 2) The Walpole CRC will no longer print anonymous letters.
- 3) Any content published may be edited to enhance flow, clarity, spelling, and grammar—not facts or meaning—therefore the writer should carefully check facts and consider their choice of words.
- 4) Should content be deemed by the Editor to be too long (**should be no more than 250 words**), incomprehensible, libelous, illegal, or incite a sensitive issue, then it will not be published.
- 5) In the case of content being rejected, the writer/s will be notified of the decision by the Editor.
- 6) Should the writer dispute the Editor's decision they should take it up in writing with the Management Committee of Walpole CRC.
- 7) The Management Committee will make the final decision on whether or not to publish the content in the next available edition of the *Weekly*.
Email weekly@walpole.org.au



Walpole Times to Remember

Walpole CRC

Tue to Fri 9am-4pm

Walpole Nornalup Visitor Centre

9am-2 pm Thurs, Fri, Sat

Library 9840 1108

Wed 9am-12pm and 1pm-3:30pm

Fri 9am-12pm and 1pm-3:30pm,

Sat 9am-12pm

Walpole Weekly

Monday 10am Deadline:

Tues to Fri 10:30am-3pm

Walpole Op Shop

Mon- Fri 9:30am-11:30am; Sat 10am-1pm

St Francis of Assisi Catholic Church

Sat 3:45 pm

St George's Anglican Church

Sun 10am

Walpole Waste Transfer Station

Tues and Thu 1pm-5pm; Sun 9am-5pm

Peaceful Bay Refuse Site

Wed 9am-1pm; Sun 1pm-4:30pm

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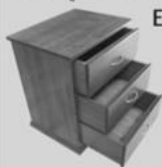
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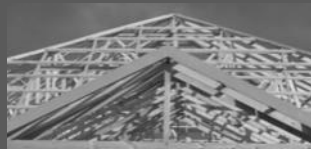
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